



Hellenic  
Spine  
Society

# Diploma of the Hellenic Spine Society

(equivalent to the Eurospine Diploma)

## MODULE 1: BASIC COMPREHENSIVE COURSE

**6 May 2018**

Athens Medical Group Amfitheater  
Kefalari Square, Athens, Greece

**Course Manager**

**Ioannis Magras**  
Associate Professor of Neurosurgery

[www.dhss.gr](http://www.dhss.gr)

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SCIENTIFIC  
PROGRAMME

## **COURSE LEARNING OUTCOMES MODULE 1**

1. Explain the impact of spinal disorders on the individual and society
2. Evaluate a spinal patient
3. Recognise serious and urgent spinal disorders
4. Formulate a plan for the safe early management of emergency and serious spine disorders, based on sound principles of treatment.
5. Demonstrate sound clinical judgment in planning patient management around selected cases

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**CHAIRMAN**      Kostas Paterakis

**FACULTY**      Dimos Bouramas  
Alexandros Brotis  
Ioannis Gelalis  
Arion Kapinas  
Apostolos Karantanas  
Theofilos Palaiologos  
Elias Papadopoulos  
Sotiris Papastefanou  
Kostas Paterakis  
Apostolos Samelis  
Efthimios Samoladas  
Stavros Stavridis  
Aristomenis Syngelakis  
Panagiotis Zouboulis

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**SCIENTIFIC PROGRAMME,**  
**MODULE 1: BASIC COMPREHENSIVE COURSE / SUNDAY, 06 MAY 2018**  
COURSE ATTENDANCE IS MANDATORY

8.30-9.00 Course Registration & Welcome Coffee

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**9.00-10.00 / SESSION 1: SPINE THE BIGGER PICTURE**  
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- 9.00-9.20 Evidence Based Medicine**  
A. Brotis
- 9.20-9.40 Epidemiology & Economics**  
A. Syngelakis
- 9.40-10.00 Ergonomics & Psychosocial Aspects**  
P. Zouboulis
- 10.00-10.30 Coffee Break

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**10.30-12.30 / SESSION 2: THE FUNCTIONAL SPINE**  
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- 10.30-10.50 Radiology Imaging**  
A. Karantanas
- 10.50-11.10 Biomechanics**  
D. Bouramas
- 11.10-11.30 The Young Spine**  
A. Kapinas
- 11.30-11.50 The Old Spine**  
E. Papadopoulos
- 11.50-12.30 Case Discussion**
- 12.30-13.30 Lunch Break

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**13.30-15.30 / SESSION 3: CLINICAL EVALUATION**  
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- 13.30-13.50 Case Discussion: Recognising Serious Spine Disorders: Red Flags**  
S. Papastefanou
- 13.50-14.10 Communication skill**  
E. Samoladas
- 14.10-14.30 Consenting skills exercise**  
S Papastefanou
- 14.30-14.50 Top Tips For Clinical Examination**  
K. Paterakis
- 14.50-15.10 Safety & Ethics**  
S. Stavridis
- 15.10-15.30 Case Discussion**
- 15.30-16.00 Coffee Break

