

Diploma of the Hellenic Spine Society

(equivalent to the Eurospine Diploma)

MODULE 2: DEGENERATIVE DISEASES OF THE SPINE

28-29 April 2023

Course Manager

Ioannis Magras

Professor of Neurosurgery

www.dhss.gr

SCIENTIFIC PROGRAMME

Module 2: Degenerative Diseases of the Spine

Friday, 28 April 2023

08:30 - 09:00	Course Registration & Welcome Coffee
09:00 - 11:00	Session 1: Herniated disc, Diagnosis and Treatment of Radicular Pain
09:00 - 09:15	Epidemiology & Natural History of Radicular Pain A. Athanasiou
09:15 - 09:30	Imaging of Radicular Pain A. Karantanas
09:30 - 09:45	Effective Non-Surgical Interventions for Radicular Pain S. Stavridis
09:45 - 10:00	Surgery for Radicular Pain in the Cervical Spine D. Bouramas
10:00 - 10:15	Surgery for Radicular Pain in the Lumbar Spine P. Tsitsopoulos
10:15 - 10:30	Case Discussion (Radiculopathy)
10:30 - 11:00	Coffee Break
11:00 - 12:00	Session 2: Myelopathy
11:00 - 11:15	Imaging Techniques and Prognostic Indicators in Myelopathy A. Karantanas
11:15 - 11:30	Presentation, Causes, Natural History in Cervical & Thoracic Myelopathy D. Bouramas
11:30 - 11:45	Clinical & Surgical Decision Making In Cervical Myelopathy K. Paterakis
11:45 - 12:00	Clinical & Surgical Decision Making In Thoracic Myelopathy A. Athanasiou

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12:00 - 14:00	Session 3: Lumbar spinal stenosis
12:00 - 12:15	Spinal Stenosis: Presentation, Natural History and Non-Surgical Treatment S. Korfiatis
12:15 - 12:30	Surgical Treatment of Lumbar Stenosis A. Kapinas
12:30 - 13:00	Case Discussion (Myelopathy and Spinal Stenosis)
13:00 - 14:00	Lunch Break
14:00 - 14:45	Session 4: Spondylolysis and Spondylolisthesis
14:00 - 14:15	Degenerative Spondylolisthesis S. Stavridis
14:15 - 14:30	Spondylolysis & High-Grade Spondylolisthesis A. Kapinas
14:30 - 14:45	Case discussion (Spondylolysis and Spondylolisthesis)
14:45 - 16:00	Session 5: Axial pain
14:45 - 15:00	Non-Surgical Treatment of Back Pain A. Brodis
15:00 - 15:15	Fusion Surgery for Low Back Pain N. Paidakakos
15:15 - 15:30	Obstacles for recovery – Failed back surgery K. Barkas
15:30 - 16:00	Coffee Break
16:00 - 17:00	Session 6: Degenerative Adult deformity
16:00 - 16:15	Degenerative cervical - cervicothoracic deformity N. Paidakakos
16:15 - 16:30	Degenerative Lumbar Deformity K. Starantzis
16:30 - 17:00	Case Discussion (Axial pain & degenerative adult deformity)